

CAP CADET ENCAMPMENT -- MASTER LIST of REQUIRED LESSONS & ACTIVITIES

SEQ.	PHASE	CODE	ACTIVITY TITLE	FORMAT	QUIZ	ESTIMATED DURATION	SUGGESTED INSTRUCTOR	SUGGESTED ECHELON for ACTIVITY	NOTES	SOURCE MATERIALS
Phase I & Phase II Activities Conduct in sequence if possible										
1	1	X1	Student Reception	Informal	No	5 min ea / 1 - 2 hrs total	Senior staff & cadet cadre greeters	Individual cadets or small groups as they arrive		CEG 2.6
2a	1	X2	Welcome, Overview & Safety	Briefing	No	45 min	CC or CDC, C/CC	Cadet Corps in full	Cadets only, not for parents	Local decision
2b	1	C1	Honor Agreement	Briefing, Task	No	15 min	C/CC	Cadet Corps in full	Cadets only, not for parents	CEH p7
2c	1	X3	Parents' Orientation	Briefing	No	10 min ea or 1 hr total	CC or CDS or CDC or TR	Individual parents or small groups or other	Optional for parents, runs concurrent with X2 & C1	Local decision / CEG 2.6A
3	2	L1	Report to Flights	Task, Briefing	No	30 min	Fli/CC, Fli/CF	Flight	May run through / concurrent with L2	Simple task
4	2	L2	Initial Skills Assessment	Eval &	No	5-10 min ea / 30 min total	Fli/CC, Fli/CF, Sq/CF	Flight	May run through / concurrent with L1, L3, X5	Initial & Final Cadet Assessment Form
5	2	X4	Contraband Shakedown	Task	No	3 min ea / 90 min total	TR shakedown; Fli/CC, Fli/CF	Flight	May run through / concurrent with L2, L3	Simple task / CEG 2.7
6	2	L3	Dormitory Orientation & Prep	Briefing &	No	90 min	Fli/CC, Fli/CF	Flight	May run through / concurrent with L2, X4	Local decision
7	2	L20	Dormitory Inspection #1	Inspection	No	45 min	Fli/CC, Fli/CF as inspecting party	Flight	TR monitors, mentors	Local decision / CEG Part 6
8	2	L10	Wingmen & The Warrior Spirit	Lecture &	Yes	30 min	Sq/CC, Sq/CF	Squadron or Cadet Corps	Break for flight staff allows debrief with TR on L1 - L3	Slides / notes
9	2	L11	Discipline: Your Key to Success	Lecture	Yes	45 min	Sq/CC, Sq/CF	Squadron or Cadet Corps	Two mini lessons are suggested, see links at right	Speaker's briefing, notes, slides
10	2	L30	Team Leadership Problem #1	TLP	No	1 hr	Initial brief by anyone; Fli Staff control	Sqdn or Corps, with flights working	Competitive; includes time for brief, plan, action, & debrief	Essentials of Teambuilding, any Part IV TLP
11	2	X11	Flight Commander's Time	Activity	No	15 min	Fli/CC	Flight	Could possibly skip on the first day and use as flex time	Local decision
12	2	L21a	Dormitory & Uniform Inspection #2.1	Inspection	No	10 min	Fli/CC, Fli/CF as inspecting party	Flight		Local decision / CEG Part 6
13	2	L21b	Dormitory & Uniform Corrections	Task	No	35 min	Fli/CC, Fli/CF in monitoring role only	Flight		Local decision / CEG Part 6
14	2	L21c	Dormitory & Uniform Inspection #2.2	Inspection	No	15 min	Fli/CC, Fli/CF as inspecting party	Flight	Goal is for students to greatly improve over inspection 2.1	Local decision / CEG Part 6
15	2	L12	The Leadership Concept	Lecture &	Yes	1 hr	Anyone, including guest speakers	Squadron or Cadet Corps		Speaker's briefing, notes, slides
16	2	F1	Fit to Fly	Lecture &	No	45 min	Base Gym staff, committed athlete	Squadron or Cadet Corps	Introduction to fitness principles; practical tips; motivators	Local decision
17	2	L31a	Team Leadership Problem #1 Repeat	TLP	No	30 min	Initial brief by anyone; Fli Staff control	Sqdn or Corps, with flights working	Competitive; quick briefing; time to plan & action; no debrief	Task
18	2	L31b	Team Leadership Problem #2	TLP	No	1 hr	Initial brief by anyone; Fli Staff control	Sqdn or Corps, with flights working	Competitive; includes time for brief, plan, action, & debrief	Essentials of Teambuilding, any Part V TLP
19	2	A1	Aerospace Foundations I - Aviation	Lecture &	No	90 min	Senior member AEO; fli staff for activity	Any, Squadron suggested, fli work		Local decision / cadet AE page
20	2	C2	The Core Values	Lecture &	No	30 min	Military member or senior leader	Any, Squadron suggested		Speaker's briefing
21	2	L13	Teamwork for Performance	Lecture	Yes	60 min	C/CC, C/CD, or Sq/CC, Sq/CF	Squadron or Cadet Corps	Good opportunity for C/CC to make first instructional appearance	Speaker's briefing, notes, slides
22	2	L22	Dormitory & Uniform Inspection #3	Inspection	No	1 hr (30 min / flight)	Sq/CC and Sq/CF inspecting party	Flight	Capstone event for Learning Phase II; 5-10 min debrief by Fli Staff	Local decision / CEG Part 6
Recurring Events in Encampment Daily Life										
na	na	X5	First Call	Task	No	15 min daily	Fli/CC, Fli/CF	Flight	Wake, personal needs, dress, prep dorm	Simple Task
na	na	F2	Daily Calisthenics	Activity	No	30 min daily	Sq/CF	Squadron or Corps	Includes time to assemble, travel, return; plan 20 min actual	Simple task
na	na	X6	Shower, Dress & Dormitory Prep	Task	No	30 min daily	Self-lead task; Fli/CC, Fli/CF monitoring	Flight		Simple task
na	na	L4	Group Reveille Formation	Formation	No	15 min daily	C/CC	Cadet Corps	Announce daily honor flight(s); daily safety brief; depart for	Simple task
na	na	X7	Breakfast	Task	No	1.25 hrs daily	Cadet Cadre monitoring	Cadet Corps	Adjust duration to fit local needs	Simple task
na	na	X10	Cadet Handbook	Task	No	periodically, hip pocket	None; individual task	NA	Students read and work through Cadet Handbook during downtime	Simple task; be sure to specify knowledge reqs CEH p6
na	na	X8	Lunch	Task	No	1.25 hrs daily	Cadet Cadre monitoring	Cadet Corps	Adjust duration to fit local needs	Simple task
na	na	X11	Flight Commander's Time	Activity	No	45 min daily	Fli/CC	Flight	Activity to be determined by Fli/CC with TR approval	Local decision
na	na	X9	Dinner	Task	No	1.25 hrs daily	Cadet Cadre monitoring	Cadet Corps	Adjust duration to fit local needs	Simple task
na	na	L6	Drill & Ceremonies	Drill	No	45 min daily	Fli/CF	Flight	Flight to progressively advance through checklist of drill	Local decision; CAP Cadet Drill Guide, pages 5-8
na	na	L5	Group Retreat Formation	Formation	No	15 min daily	C/CC	Cadet Corps		Simple task
na	na	F3	Daily Sports	Activity	No	1 hr daily	Cadet Cadre	Cadet Corps, competing as flights	Includes time to change into PT uniform	Simple task
na	na	X12	Showers & Blister Check	Task	No	30 min total daily	TR & Flight Staff conduct blister check	Flight	Excess time flows into X13 Personal Time	Simple task
na	na	X13	Personal Time (training prohibited)	Open	No	30 min daily	Flight Staff monitoring	Flight	No training shall be conducted, cadets may read Handbooks	Simple task / CEG 2.4D
na	na	X14	Students' Lights Out	Task	No	na	na	na		Simple task
na	na	X17	Cadet Cadres' Lights Out	Task	No	na	na	na		Simple task
na	na	X15	Squadron Training Meeting	Conference	No	30 min daily	Sq/CC	Squadron Staff, TRs & guests participate		Simple task / CEG 1.4C
na	na	X16	Group Training Meeting	Conference	No	30 min daily	C/CC	Sq/CC, cadet exec staff, CDC & guests		Simple task / CEG 1.4C
Phase III Activities										
na	3	L25	Drill & Ceremonies Final Evaluation	Drill /	No	5 min ea / 30 min total	Fli/CC and Fli/CF	Flight	Should schedule the evaluation towards the end of Phase III	Initial & Final Cadet Assessment Form
na	3	L32a	Team Leadership Problem #2 Repeat	TLP	No	30 min	Initial brief by anyone; Fli Staff control	Sqdn or Corps, with flights working	Competitive; quick review of brief; time to plan & action; no debrief	Task
na	3	L32b	Team Leadership Problem #3	TLP	No	1 hr	Initial brief by anyone; Fli Staff control	Sqdn or Corps, with flights working	Competitive; includes time for brief, plan, action, & debrief	Essentials of Teambuilding, any Part VI TLP
na	3	L23	Dorm & Uniform Inspection #4 (Sqdn)	Inspection	No	1 hr (30 min / flight)	Sq/CC and Sq/CF inspecting party	Flight	5-10 min debrief by Fli Staff	Local decision / CEG Part 6
na	3	L24	Dorm & Uniform Inspection #5 (Grp)	Inspection	No	1 hr (30 min / flight)	C/CC and C/CD inspecting party	Flight	5-10 min debrief by Fli Staff	Local decision / CEG Part 6
na	3	L40	Electives: Additional Activities	Any	No	as desired	Any	Any	Make use of local resources	Local decision
na	3	A2	Aerospace Foundations II - Space	Lecture &	No	1 hr	Senior member AEO; fli staff for activity	Any, Squadron suggested, fli work		Local decision / cadet AE page
na	3	A3	Military Airpower	Lecture &	Yes	45 min	AF officer or senior member AEO or similar	Any		Speaker's briefing, notes, slides
na	3	A4	Aerospace Hands-On, Tours, Flying	Activities	No	7 hrs total	Any	Any	Make use of local resources	Local decision
na	3	A5	Introduction to the Cyber Domain	Activities	No	1 hr	AF cyber operator, civilian expert or AEO	Squadron or Cadet Corps		Local decision / CEG 5.3
na	3	F4	Team Fitness Challenge	Activity	No	1.5 hrs	Any	Any; competitive with flights working	Obstacle course, ropes course, water survival, hike, or anything	Local decision / CEG 5.4
na	3	C3	Becoming a Core Values Leader	Lecture &	No	45 min	Any adult; DDR officer suggested	Any	Part 1: "A Bullying Quiz" (5 min)	Part 2: "Ladder of Prejudice" (25 min)
na	3	C4	Drug-Free Lifestyle	Activity	No	1 hr	Any; DDR officer suggested	Any, fli working independently	Use local resources; use of DDR activities encouraged	Local decision / DDR-X
Phase IV Activities										
na	4	X18	Graduation Picnic / Social	Social	No	as desired	NA	NA		Local decision
na	4	C5	Individual Cadet Advisories (students)	Conference	No	10 min per student	Fli/CC and TR	Private conference with each cadet at flight	Use CAPF 50-5	CEG 1.4a, 5.5 and CAPF 50-5
na	4	C6	Individual Cadet Advisories (cadre)	Conference	No	20 min per cadre	Cadet's superior and TR / CDC	Private conference with each cadre member	Use CAPF 50-6	CEG 1.4a, 5.5 and CAPF 50-6
na	4	C7	Flight Advisory	Conference	No	15 min	Fli/CC, assisted by Fli/CF, TR	Flight		CEG 5.7d
na	4	X19	Encampment Critique	Task	No	10 min	NA	Any		CEG 1.4b Encampment Critique for Cadets, for SMs
na	4	X20	Packing, Clean-Up, Check-Out	Task	No	varies	NA	NA	Ought to be completed prior to graduation, if feasible	Simple task
na	4	L7	Graduation Parade	Drill &	No	30 min, plus prep	C/CC is commander of troops	Cadet Corps	Allow approximately 1 hr to prep cadre, guidons, color guard	Local decision
na	4	C9	Graduation Ceremony & C/CC Charge	Task	No	varies by encamp. size	CC, C/CC as key speakers	Cadet Corps	NA	Local decision
998	4	X21	Dismissal & Departure	Task	No	na	TR	NA	See sections 2.7 & 2.8	Simple task / CEG 2.10
999	4	X22	Debriefing & Lessons Learned	Conference	No	na	Facilitated by handful of senior staff & cadre	Senior Staff and Cadet Cadre	Can be conducted electronically and/or within 30 days of graduation	Local decision / CEG 1.4d